



New Life Christian Growth Series

New Testament Study Book of Ephesians 1—5

Booklet #9

Mountain State Ministries
P.O. Box 217
Springfield, WV 26763
www.mountainstateministries.org

Today's Date: _____

Your Name: _____

Your Address: _____

General Instructions:

1. Please fill in the blanks on the following pages using a King James Version of the Bible. Please read the detailed instructions for the individual lessons on page 6 before you begin to put pen to paper.
2. When you are done, **return the Review Section (Pages 35-36) of this booklet** to the address provided below. **Keep the rest of this Booklet (Pages 1-34)** for your own use. NOTE: The individual lessons are designed to be completed daily so you can meditate on the material.
3. As soon as we receive your completed review pages, we will grade them and send them back to you, along with Booklet #10 in the Series. Review Sections returned less than 30 days from the time it was mailed, will not be accepted. Please spend time with the Lord in prayer and ask Him to help you learn the material.
4. When you have completed all four booklets in the "New Testament Study" Series, we will send you a certificate of completion.

Please mail the completed Review Section to:

Mountain State Ministries
P.O. Box 217
Springfield, WV 26763

Mountain State Ministries was started in January of 2017 to continue the legacy of Country Wide Prison Ministry. CWPM's purpose was to proclaim the Gospel of the Lord Jesus Christ to prison inmates and their families, and to edify them through the teaching of the Word of God through Bible correspondence courses. MSM will continue this legacy and expand the Bible correspondence courses to anyone in world via the internet. This will provide anyone the opportunity to study God's word, become more closely imitate with Jesus, and be more sensitive and obedient to God's Holy Spirit. Our goal is to Exalt the King and to Expand the Kingdom!

Ray Witmer Jr., author of this Bible study curriculum, founded Country Wide Prison Ministry in 2003. His New Life Christian Growth Series has been administered to thousands of prison inmates throughout ever state in the Union. Mr. Witmer retired due to heath issues on 1 January 2017 and has provided Mountain State Ministries all rights to continue his legacy.

We are very grateful and appreciate Brother Ray's heart for God and his willingness to let us use this resource to spread God's Word among this generation of people.

“Verily, Verily, I say to you, Except a corn of wheat fall into the ground and die, it abideth alone; but if it die, it bringeth forth much fruit.” John 12:24

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******* INSTRUCTION SHEET FOR BIBLE LESSONS *******

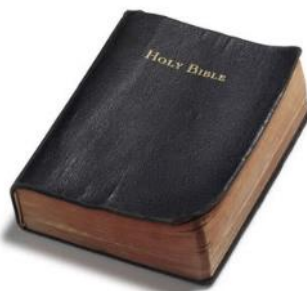
- A. The Bible verses used in this study are taken from the King James Version of the Bible, translated out of the original tongues with the former translation diligently compared and revised.
- B. Before doing each lesson, take time to ask God to open your understanding and show you the truth.
- C. For the best results, do only one lesson each day. Meditate on each day's lesson. (There are four weeks of lessons per book)
- D. Keep in mind that these lessons are based on what the Bible says and not on man's opinion.
- E. These lessons are designed to help you to know the truth, to know the Lord in a personal way, and to trust what the Bible says and teaches you.
- F. Remember, it is not what you, I, or any preacher says, but what the Bible says.
- G. You must learn to stand on what the Bible says to "study to show yourself approved unto God, workman that needed not to be ashamed, rightly dividing the word of truth" (II Timothy 2:15).
- H. Who wrote the Bible? (II Peter 1:21)
- I. All Scripture is inspired by God (II Timothy 3:16).
- J. Regardless of what man says, the believer (Christian) has direct access to the throne of God and is responsible directly to God. This access is through Jesus Christ and Him only (I Timothy 2:5).
- K. These studies are to help you have peace of mind (Isaiah 26:3-4).
- L. These studies will help you know if you are going to Heaven or Hell (Romans 10:13).
- M. These lessons will help you with assurance and security; these are not the same. The securing of the believer is God's work; It is a part of God's great work of Salvation depending solely upon His infinite grace. Assurance is the believer's acceptance of the security provided for him in Christ; It is the result of the human soul resting in what God has promised in His Word to accomplish. This is why it is important to know what the Bible says (I John 5:11-13).



TAKE TIME TO READ BELOW BEFORE
DOING THIS LESSON

Meditate on the Scriptures of this Lesson and Ask Yourself These Questions:

1. What do these verses teach me about God and myself?
2. Is there an example here to follow or avoid?
3. Is there a command, a promise, or a warning that I need to apply?
4. What action do I need to take to align my life with this truth?



The Bible is the Word of God

EPHESIANS 1:1-4
New Testament Study - Ephesians 1 - 5
Booklet #9

Lesson #1

*** *This lesson is taken from Ephesians 1:1-4* ***

This weeks verse to memorize: Proverbs 3:5-6

Trust in the Lord with all thine heart, and lean not unto thine own understanding. In all thy ways acknowledge Him, and He shall direct thy paths.

Introduction:

The letter to the Ephesians is concerned, first of all, with God's plan "That in the dispensation of the fulness of times he might gather together in one all things in Christ, both which are in heaven, and which are on earth; even in him" (1:10). It is also an appeal to God's people to live out the meaning of this great plan for the unity of the whole human race through oneness with Jesus Christ.

In the first part of Ephesians, the Bible develops the theme of unity by speaking of the way in which God the Father has chosen His people, how they are forgiven and set free from their sins through Jesus Christ the Son, and how God's great promise is guaranteed by the Holy Spirit. In the second part, He appeals to us to live in such a way that our oneness in Christ may become real in our lives. Several figures of speech are used to show the oneness of God's people in union with Christ: the church is like a body, with Christ as the head; or, like a building, with Christ as the cornerstone; or, like a wife, with Christ as the husband. This letter rises to great heights of expression as the Holy Spirit is moved by the thought of God's grace in Christ.

Everything is seen in the light of Christ's love, sacrifice, forgiveness, grace, and purity.

The first two verses of Ephesians chapter 1 are greetings from the one who wrote this book. It was written by Paul, an apostle of Jesus Christ. How is Paul writing this book? _____

From "the God and Father of our Lord Jesus Christ who hath" what? _____

Explain the meaning of the statement in verse 3: "Who hath blessed us with all spiritual blessing in heavenly places in Christ." _____

Today's Bible reading is Proverbs chapter 5.

"My son, attend unto MY wisdom" and do what? _____

"Drink waters out of thine own cistern." Explain: _____

"Let thy fountain be blessed: and rejoice" with whom? _____

EPHESIANS 1:4-7
New Testament Study - Ephesians 1 - 5
Booklet #9

Lesson #2

*** *This lesson is taken from Ephesians 1:4-7* ***

This weeks verse to memorize: Proverbs 3:5-6

Trust in the Lord with all thine heart, and lean not unto thine own understanding. In all thy ways acknowledge Him, and He shall direct thy paths.

"According as He (God) hath chosen us in Him before the foundation of the world, that we should be" what? _____

As you can see, God chose us. The question is: Did you and I choose Him? As John 3:16 tells us, "God so loved the world, that He gave His only begotten Son." The last part of this verse says, "that whosoever believeth in Him (this is our part) should not perish, but have everlasting life." Romans 10:13 says, "For whosoever shall call (this is our part) upon the name of the Lord shall be saved." The decision is up to you. God chose you; now, will you choose Him?

"Having predestinated us unto the adoption of children"; how? _____

"According to the good pleasure of" whose will? _____

This verse tells us plainly that by God's will, He gave Jesus, His only Son, to pay the price for us to be saved and to be adopted as one of God's children, if we only accept Him.

"To the praise of the glory of His grace, wherein He hath made us accepted" in the what? _____

Verse 6 can be read this way: Let us praise God for His glorious grace, for the free gift He gave us in His dear Son.

"In whom (Jesus) we have redemption through His blood, the forgiveness of sins"; how? _____

*Never let anyone tell you there is any other way to go to Heaven other than what verse 7 tell us so plainly; we are redeemed through His blood. Notice the word SINS — not just one sin, but many. **THERE IS NO OTHER WAY TO BE SAVED BUT THROUGH THE BLOOD OF JESUS THAT WAS SHED ON THE CROSS.***

Today's Bible reading is Proverbs chapter 6.

What are you to make sure of? _____

Where are you to go and consider to be wise? _____

A little sleep and little folding will bring what? _____

A naughty person, a wicked man, walketh with a what? _____

Name the six things that the Lord hates: _____

EPHESIANS 1:8-16
New Testament Study - Ephesians 1 - 5
Booklet #9

Lesson #3

*** *This lesson is taken from Ephesians 1:8-16* ***

This week's Bible verse to memorize: Proverbs 3:5-6

Trust in the Lord with all thine heart, and lean not unto thine own understanding. In all thy ways acknowledge Him, and He shall direct thy paths.

Wherein He (God) hath abounded toward us how? _____

Read verses 9-11, and explain the following:

What mystery has God made known to us? _____

What things will He gather together in Christ? _____

What inheritance have we obtained? _____

What is the meaning of "worketh all things"? _____

What is the meaning of "after the counsel of His own will"? _____

After you heard the gospel of truth,—the gospel of your salvation—and you believed on the Lord Jesus Christ, what happened to you? _____

What a great promise to know that when we turn to Jesus, we are sealed. Man cannot take our salvation away from us, and there is nothing we can do to lose it; there is no greater power than God's power. He holds us in His hands, and God is the one that made the promise—not man. (Read II Corinthians 1:22 and John 10:28-29)

Which is the earnest (down payment) of our inheritance until the redemption of the purchased possession, unto what?

Verse 14 can be read like this: The Holy Spirit is the guarantee that we shall receive what God has promised His people, and this assures us that God will give complete freedom to those who are His. Let us praise His glory!

What a beautiful picture Jesus promised us in John 3:16 — everlasting life, if we believe on Him; then, He backs it up with the promise that the Holy Spirit will guarantee that we will have everlasting life, for we are sealed by the Holy Spirit!

Today's Bible reading is Proverbs chapter 7.

The Bible says keep what and live? _____

Understanding will keep you from what? _____

I discerned a young man void of what? _____

EPHESIANS 1:16-20
New Testament Study - Ephesians 1 - 5
Booklet #9

Lesson #4

*** *This lesson is taken from Ephesians 1:16-20* ***

This week's Bible verse to memorize: Proverbs 3:5-6

Trust in the Lord with all thine heart, and lean not unto thine own understanding. In all thy ways acknowledge Him, and He shall direct thy paths.

Wherefore I (Paul) also, after I heard of your faith in the Lord Jesus, cease not to give thanks for you by doing what?

This is the same thing that has happened to me after I heard from you. I pray for you and give thanks for you, and I ask that you pray for other Christians and for me in return.

My prayer is that the God of our Lord Jesus Christ, the Father of glory, may give unto you the spirit of what?

Today, there are many preachers and churches telling many different things. It is my prayer that you will know what is truth from the Bible. Remember, it is not what man says, but what the Bible says. It is God's Word that is the truth. If you really want to know the truth about God, do what James 1:5 tells you to do.

When you have wisdom and revelation in the knowledge of Him: the eyes of your understanding being enlightened; that you may know what? _____

If you read verses 17-20, you will see my desire with you doing these Bible lessons: to learn the truth and see that God is real, and He is all powerful and in control of ALL things today. As verses 19 says, He will take care of those who believe. We must trust Him and take our hand off our lives so that He may control us (Isaiah 40:31).

This power working in us is the same power that raised Jesus from the grave.

Where is Christ (Jesus) today after He was raised from the grave? _____

Today's Bible reading is Proverbs chapter 8.

Doth not who cry? _____

O ye simple, understand what? _____

For my mouth shall speak truth: and what is an abomination to my lips? _____

For wisdom is better than what? _____

The fear of the Lord is to what? _____

Jesus said, I love them that love me: and those that seek me when? _____

EPHESIANS 1:20-23/EPHESIANS CHAPTER 1 REVIEW

New Testament Study - Ephesians 1 - 5

Booklet #9

Lesson #5

*** *This lesson is taken from Ephesians 1:20-23* ***

This week's Bible verse to memorize: Proverbs 3:5-6

Trust in the Lord with all thine heart, and lean not unto thine own understanding. In all thy ways acknowledge Him, and He shall direct thy paths.

Jesus is far above all principality, and power, and might, and dominion, every name that is named, not only in this world (age) but when else? _____

And God hath put all things under His (Jesus') feet and gave Him (Jesus) to be the head over what? _____

Jesus gave His body, the fullness of Him to do what? _____

As you read verses 20-23, you can see that God the Father has given to His Son (Jesus) all power, and He is now at our Father's right hand. Jesus is defending us today.

Review for Ephesians chapter 1.

List three very important things about Chapter 1:

1. _____
2. _____
3. _____

	True	or	False
We were chosen by God before the foundation of the world.	_____		_____
We have redemption through His (Jesus') blood.	_____		_____
We are sealed (kept) by the Holy Spirit.	_____		_____
Going to school gives you the spirit of wisdom.	_____		_____
You cannot know for sure that you are saved.	_____		_____
Jesus is now at the right hand of God.	_____		_____
Jesus does not have power over all things.	_____		_____

Today's Bible reading is Proverbs chapter 9.

Who has builded her house? _____

Forsake the what and live? _____

He that reproveth a scorner getteth to himself what? _____

Teach a just man, and he will do what? _____

The fear of the Lord is the beginning of what? _____

A foolish woman is what? _____

EPHESIANS 2:1-5
New Testament Study - Ephesians 1 - 5
Booklet #9

Lesson #6

*** *This lesson is taken from Ephesians 2:1-5* ***

This week's Bible verse to memorize: Proverbs 3:5-6

Trust in the Lord with all thine heart, and lean not unto thine own understanding. In all thy ways acknowledge Him, and He shall direct thy paths.

Read Ephesians 2 before starting these lessons; it will help you understand better.

And you hath He (God) quickened (made alive) who were dead in trespasses and sin. Who is this person that is described in this verse? _____

From verse two, please answer these questions:

In time past, you walked according to the course of this world. What does this mean? _____

Who is the prince of the power of the air? _____

Who is the spirit that now worketh in the children of disobedience? _____

From verse three, please answer these questions:

In time past, what is the conversation? _____

In time past, what would be the lust of the flesh? _____

In time past, what would be the desires of the flesh and mind? _____

What does Scripture mean when it says, "where by nature the children of wrath, even as others"? _____

Who is rich in mercy, for His great love wherewith He loved us? _____

Even when we were sinners dead in sin, He did what for us? _____

How are you saved? _____

It is very simple to see in these verses that the Bible tells us what Jesus did for us and how we are saved. We can't do anything; it is by the grace of God that we are saved.

Today's Bible reading is Proverbs chapter 10.

What does a wise son do? _____

Treasures of wickedness profit what? _____

He becometh poor that dealeth with what? _____

Blessings are upon whom? _____

He that hideth hatred with lying lips, and he that uttereth a slander is a what? _____

He that refaineth his lips is what? _____

EPHESIANS 2:6-12
New Testament Study - Ephesians 1 - 5
Booklet #9

Lesson #7

*** *This lesson is taken from Ephesians 2:6-12* ***

This week's Bible verse to memorize: I Corinthians 10:13

There hath no temptation taken you but such as is common to man: but God is faithful, who will not suffer you to be tempted above that ye are able; but will with the temptation also make a way to escape, that ye may be able to bear it.

“And hath raised us up together, and made us set together” where and when? _____

Take time and read Romans 5:6-8 and 6:4-5. These verses will help explain the verse above.

That in the ages to come, He might shew the exceeding riches of His grace toward whom? _____ (Read Titus 3:4-5).

For by grace you are what? _____ How are you saved? _____
Not by how? _____. It is the gift of what? _____. It is not by our?
_____, because man would do what? _____.

How you can be saved and go to heaven cannot be made any clearer. If any man or church tells you otherwise, STOP them, and tell them what this verse says. Remember, it is not what I say or any other man says, but what the Word of God says.

For we are His (God's) _____ (creation), created in _____ unto (for) good works, which _____ (prepared) that we should walk (do) them.

As a saved person, God is saying in this verse that He has created you to help people who are in need and to do good to them all for the glory of God (Please read 1 John 3:17).

Wherefore, remember that you being in time past Gentiles in the flesh (sinners), who are called uncircumcision by that which is called the circumcision in the flesh made by hands (Jews); at that time, you were without Christ, being aliens from the commonwealth of Israel, and strangers from the covenants of promise, having what? _____

Today's Bible reading is Proverbs chapter 11.

A false balance is what to the Lord? _____

The righteous is delivered out of what? _____

He that is cruel troubleth what? _____

Though hand join in hand, the wicked shall not be what? _____

The fruit of the righteous is a tree of life; and he that winneth souls is what? _____

EPHESIANS 2:13-17
New Testament Study - Ephesians 1 - 5
Booklet #9

Lesson #8

*** *This lesson is taken from Ephesians 2:13-17* ***

This week's Bible verse to memorize: I Corinthians 10:13

There hath no temptation taken you but such as is common to man: but God is faithful, who will not suffer you to be tempted above that ye are able; but will with the temptation also make a way to escape, that ye may be able to bear it.

But now in Christ Jesus, you who sometimes were far off are made nigh (saved); how? _____
_____ (Read Ephesians 1:7, Hebrew 9:22, 1 Peter 1:18-19).

What paid your debt of sin so you can get into Heaven? _____

For He (Jesus) is our _____, who hath made both one, and hath _____ the middle wall of partition (division) between us.

To help you understand this verse, you can read it like this: For Christ himself has brought us peace by making Jews and Gentiles one people. With His own body, He broke down the wall that separated them and kept them enemies.

Having abolished in _____ the enmity, even the law of commandments contained in ordinances: for to make in _____ of twain _____, so making peace.

To help you understand this verse, you can read it like this: He abolished the Jewish law with its commandments and rules in order to create out of the two races one new people in union with Himself, in the way making peace.

And that He might reconcile (Colossians 1:20-22) both (Gentiles and Jews) unto God in one body; how? _____

To help you understand verse 17, you can read it like this: So Christ came and preached the gospel of peace to all who were far away from God (Gentiles) and to the Jews, who were near Him.

Today's Bible reading is Proverbs chapter 12.

A good man obtaineth favour of whom? _____

A virtuous woman is a crown to whom? _____

He that is of a perverse heart shall be what? _____

A lying tongue is but what? _____

Lying lips are what to the Lord? _____

He that tilleth his land shall be what? _____

EPHESIANS 2:18-21
New Testament Study - Ephesians 1 - 5
Booklet #9

Lesson #9

*** *This lesson is taken from Ephesians 2:18-21* ***

This week's Bible verse to memorize: I Corinthians 10:13

There hath no temptation taken you but such as is common to man: but God is faithful, who will not suffer you to be tempted above that ye are able; but will with the temptation also make a way to escape, that ye may be able to bear it.

For through Him (John 10:9) we both (Jews & Gentiles) have access by one Spirit (Holy Spirit) unto whom? _____

These verses are explaining that no matter who you are, everyone has access to God through Jesus, the one who paid the price for us on the cross.

Now therefore, you are no more strangers and foreigners, but fellow citizens with the saints of what? _____

LOOK at this verse. How wonderful it is that when we become Christians, we are no longer strangers of God, but we are newborn into the family of God!

And are built upon the foundation of the apostles (1 Corinthians 12:28) and prophets, Jesus Christ himself being what? _____

In whom all the building fitly framed together groweth unto a holy temple in whom? _____
(Read 1 Corinthians 3:16-17).

In whom you also are builded together for an habitation (dwelling place) of God through whom? _____

Today's Bible reading is Proverbs chapter 13.

A wise son heareth his father's what? _____

He that keepeth his mouth, keepeth his what? _____

The soul of the sluggard (lazy) desireth, and hath what? _____

Wealth gotten by vanity (dishonesty) shall be diminished: but he that gathereth by labour shall what? _____

EPHESIANS CHAPTER 2 REVIEW
New Testament Study - Ephesians 1 - 5
Booklet #9

Lesson #10

This week's Bible verse to memorize: I Corinthians 10:13

There hath no temptation taken you but such as is common to man: but God is faithful, who will not suffer you to be tempted above that ye are able; but will with the temptation also make a way to escape, that ye may be able to bear it.

This lesson is a review on Ephesians chapter 2.

	True	False
1. Before you were saved, you walked according to the course of the world.	_____	_____
2. God is the prince of the power of the air.	_____	_____
3. In time past, we fulfilled the lust of the flesh.	_____	_____
4. Even when we were dead in sin, Jesus quickened us together with Christ.	_____	_____
5. By your works you are saved.	_____	_____
6. For by grace are you saved through faith.	_____	_____
7. Your salvation is a gift from God.	_____	_____
8. You are not saved of works, lest any man should boast.	_____	_____
9. You were far off and were made nigh by the blood of Jesus.	_____	_____

Please explain Ephesians 2:8-9: _____

What was the most important thing that you learned from Chapter 2? _____

Today's Bible reading is Proverbs chapter 14.

Every wise woman buildeth her what? _____

A faithful witness will not do what? _____

Fools mock what? _____

There is a way which seemeth right unto a man, but what? _____

EPHESIANS 3:1-9
New Testament Study - Ephesians 1 - 5
Booklet #9

Lesson #11

*** *This lesson is taken from Ephesians 3:1-9* ***

This week's Bible verse to memorize: I Corinthians 10:13

There hath no temptation taken you but such as is common to man: but God is faithful, who will not suffer you to be tempted above that ye are able; but will with the temptation also make a way to escape, that ye may be able to bear it.

Read verses 1-5. God has chosen Paul to preach to the Gentiles and not the Jews. How did God make known the mystery of Himself to Paul? _____

What was the mystery of God that was made known to Paul? _____

How was Paul made a minister? _____

Note: Today, do ministers have the gift of preaching? As in the last part of this verse (the statement "effective working of His power"), lots of men preaching today are preaching in their own power and not in God's power. Be aware of these kinds of preachers.

Unto me, who am less than the least of all saints (Christians) is this grace given to do what? _____

Note: The Bible clearly states in this verse that God chose the least of all Christians to preach His word; not the mighty, but the least who are willing to obey.

And to make all men see what is the fellowship of what? _____

Please explain what the mystery is in verse nine, which was from the beginning of the world? _____

Today we need to tell people of this mystery, that Jesus is truly the Son of God.

Today's Bible reading is Proverbs chapter 15.

A soft answer turneth away what? _____

The eyes of the Lord are where? _____

The prayer of the upright is what to the Lord? _____

A merry heart maketh what? _____

The way of the slothful man is as what? _____

The thoughts of the wicked are what to the Lord? _____

EPHESIANS 3:10-17
New Testament Study - Ephesians 1 - 5
Booklet #9

Lesson #12

*** *This lesson is taken from Ephesians 3:10-17* ***

This week's Bible verse to memorize: I Corinthians 10:13

There hath no temptation taken you but such as is common to man: but God is faithful, who will not suffer you to be tempted above that ye are able; but will with the temptation also make a way to escape, that ye may be able to bear it.

What might be made known by the churches today? _____

According to the eternal purpose, which He purposed in Christ Jesus our Lord, in whom we have boldness and access with confidence; how? _____

Note verses 11-12: In Christ Jesus, we can come boldly to God our Father, asking Him in faith and with confidence that He will hear us. YES, you can go to the Father boldly, if you are His child.

In verses 13-14 of chapter three, who is the Bible talking about? _____

What tribulation is He going through? _____

For this cause, I (Paul) bow my knees unto the Father of our Lord Jesus Christ, that He would grant you what? _____

That Christ may dwell where and how? _____

How does God want us to be grounded? _____

Note: In verses 12-17, God wants us to be bold and come to Him with confidence in times of our tribulation, knowing the strength of the inner Spirit (Holy Spirit), that Christ may dwell in our hearts without doubt, in love. We can depend on God our Father and not upon what man may do or say.

Today's Bible reading is Proverbs chapter 16.

The preparations of the heart in man, and the answer of the tongue, are from whom? _____

By the fear of the Lord, men depart from what? _____

A man's heart deviseth his way: but the Lord directeth his what? _____

He that is slow to anger is better than the whom? _____

EPHESIANS 3:18-21
New Testament Study - Ephesians 1 - 5
Booklet #9

Lesson #13

*** *This lesson is taken from Ephesians 3:18-21* ***

This week's Bible verse to memorize: I Corinthians 10:13

There hath no temptation taken you but such as is common to man: but God is faithful, who will not suffer you to be tempted above that ye are able; but will with the temptation also make a way to escape, that ye may be able to bear it.

That we may be able to comprehend (understand) with all saints what is the breadth (width), and length, and depth, and heights of what? _____

Note: *In these verses, God wants us to know His love, and that nothing stands in our way to know His love.*

And to KNOW the love of Christ, which passeth knowledge that you might be filled with what? _____

Explain how we know the love of Christ: _____

Explain what it means to have the fullness of God and what it is: _____

Now, unto Him that is able to do exceeding abundantly above all that we ask or think according to what? _____

Just think—we have a Father who is able to do anything above what we ask or think. What a promise and a powerful God we have! He is real and alive.

What is that power that worketh in us? _____

When do we give glory to Jesus Christ and for how long? _____

Today's Bible reading is Proverbs chapter 17.

What does the Lord trieth? _____

Excellent speech becometh not a what? _____

A merry heart doeth good like what? _____

EPHESIANS CHAPTER 3 REVIEW
New Testament Study - Ephesians 1 - 5
Booklet #9

Lesson #14

This week's Bible verse to memorize: Romans 12:2

And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

This lesson is a review of Ephesians chapter 3.

What is the main theme in Ephesians chapter three? _____

Is there anything in this chapter that has helped you in your Christian life? Please explain.

Do you see any comparison between verse three and verse twenty? What is it? _____

What verse or verses tell us that we have boldness to go to God? _____

How can we be strengthened in the Spirit? _____

How can Christ dwell in our hearts? _____

It is God's desire that we might be filled with what? _____

Who is able to do exceeding abundantly above all we ask or think? _____

Today's Bible reading is Proverbs chapter 18.

A fool hath no delight in what? _____

The words of a man's mouth are like what? _____

The words of a talebearer are like what? _____, and they go where? _____

What is a man that is slothful in his work? _____

The name of the Lord is a strong what? _____

He that answereth a matter before he heareth it is what? _____

Whoso findeth a wife findeth what? _____

A man that hath friends must do what? _____

EPHESIANS 4:1-6
New Testament Study - Ephesians 1 - 5
Booklet #9

Lesson #15

*** *This lesson is taken from Ephesians 4:1-6* ***

This week's Bible verse to memorize: Romans 12:2

And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

Paul, being in prison, is telling us to walk (live) worthy of the vocation (calling) wherewith we are called. What is this calling that God has called us to do? _____

All of us have a calling (Matthew 28:19-20). We can tell others about God and what He has done for us, or we can give them a tract or enrollment slip for these lessons; but, most of all, we need to make sure that our lives are worthy of what God would have us to do.

What are some of the ways we should walk worthy of being a Christian? _____

“There is one body.” Who or what is this talking about? _____

“There is one Spirit.” Who or what is this talking about? _____

“Even as you are called in one hope of your calling.” Explain what this means? _____

“One Lord, one faith, one baptism, one God and Father of all.” Who is this talking about? Today, there are many faiths, churches, and yes, gods. Please explain the meaning of this: _____

Explain who is above all, and through all, and in you all. _____

Today's Bible reading is Proverbs chapter 19.

A false witness shall not be what? _____

He that speaketh lies shall what? _____

A prudent wife is from whom? _____

Chasten thy son while there is hope, and let not thy soul spare what? _____

There are many devices in a man's heart; nevertheless, the counsel of whom will stand? _____

The fear of the Lord tendeth to what? _____

EPHESIANS 4:7-12
New Testament Study - Ephesians 1 - 5
Booklet #9

Lesson #16

*** *This lesson is taken from Ephesians 4:7-12* ***

This week's Bible verse to memorize. Romans 12:2

And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

But unto every one of us is given grace according to the measure of what? _____

Verses 4-7 clearly explain that there is only one God, the Creator and controller of this world. Regardless of what man says, it is very clear from God's Word that there is only one God.

Who is the "one body"? _____

What is the one faith in? _____

What is the one baptism? _____

The God and Father of all things and people is above who or what? _____

Through all, and in all, the Holy Spirit lives where? _____

Wherefore He saith, when He (Jesus) ascended up on high, He led captivity captive and gave gifts unto whom?
_____. (Take time to read Psalm 68:18, Mark 16:19, I Corinthians 12:4-11, and Acts 1:9)

Verse 8 is one of the most beautiful scenes in the whole Bible. Jesus arose from the grave, and He brought the people who were in Paradise with Him (Luke 16:19-31), and the people were seen (Matthew 27:52-53). And then, when He ascended upon high, He led captivity captive to be with Him in Heaven forever. The free gift that He gave us was the gift of our salvation and eternal life. He also gives other kinds of gifts (Luke 16:19-31, Ephesians 4:11-12)

Now that He ascended, what is it but that He also descended first into where? _____

Where was Jesus when He first descended? (John 3:13) _____

Today's Bible reading is Proverbs chapter 20.

Wine is a mocker, strong drink is raging, and whosoever is deceived is what? _____

It is an honor for a man to cease from what? _____

Say not thou, I will recompense evil, but do what? _____

EPHESIANS 4:10-13
New Testament Study - Ephesians 1 - 5
Booklet #9

Lesson #17

*** *This lesson is taken from Ephesians 4:10-13* ***

This week's Bible verse to memorize: Romans 12:2

And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

He that descended is the same also that ascended up far above all heavens, that He might do what? _____

Who is it that descended and ascended? _____

What does it mean when Scripture says, "that He might fulfill all things"? _____

What special gifts did God give some people? _____

Why did God give these special gifts to people? _____

Until we all come in the unity of the faith, and of the knowledge of what? _____

Unto a perfect (mature) man, unto the measure of the stature of the fullness of whom? _____

It is God's desire for us to know for sure who the Son of God is, and for us to become mature people through what the Bible says, reaching to the very height of Christ's full stature. He wants us to be sure of our stand for what the Bible says and not what man says.

Today's Bible reading is Proverbs chapter 21.

The king's heart is in the hand of whom? _____

Every way of a man is right in his own eyes, but who pondereth the heart? _____

The getting of treasures by a lying tongue is what? _____

When the scorner is punished, the simple is made what? _____

Whoso stoppeth his ears at the cry of the poor, what will he also do? _____

He the loveth pleasure shall be what? _____

Whoso keepeth his mouth and his tongue keepeth what? _____

EPHESIANS 4:14-17
New Testament Study - Ephesians 1 - 5
Booklet #9

Lesson #18

*** *This lesson is taken from Ephesians 4:14-17* ***

This week's Bible verse to memorize: Romans 12:2

And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

That we henceforth be no more children being _____
_____ doctrine, by the sleight (trickery) of _____,
_____ the lie, in wait to deceive.

The Bible is warning us to be aware of preachers who teach something that is not from the Bible or that they have twisted from the Bible to say what they want it to say. This is why we must read our Bible and know what it says, because it is the truth.

But speaking the truth in what? _____

We may grow up into Him (learn more about Him) in all things, which is the head, even whom? _____

From whom the _____ (all Christians) fitly joined _____ and
_____ (knit together) by that which every joint supplieth, according to the _____
working in the _____ (of each part doing its share) making increase (causes growth) of the body
(Christians) unto the edifying of itself (all together) in what? _____

This I say therefore, and testify in the Lord, that you henceforth walk not as other Gentiles (Christians) walk, in the vanity of what? _____

Truly, God is telling us in these verses that we must stand firm on what the Bible says and not be like a lot of so-called Christians, who don't take a stand on what they know is the truth and what the Bible says.

Today's Bible reading is Proverbs chapter 22.

A good name is rather to be chosen than what? _____

A prudent man foreseeth the evil and does what? _____

Train up a child in the way he should go: and when he is old, what will he do? _____

The mouth of strange women is what? _____

Make no friendship with what kind of a man? _____

EPHEISNAS 4:18-21
New Testament Study - Ephesians 1 - 5
Booklet #9

Lesson #19

*** *This lesson is taken from Ephesians 4:18-21* ***

This week's Bible verse to memorize: Romans 12:2

And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

Having the understanding darkened, being alienated from the life of God through (because of) the ignorance that is in them, because of the blindness (hardening) of what? _____

If people don't take a stand on the truth of the Bible, after a while the truth is darkened from their minds. They don't do what they know is right, causing them to harden to the truth.

Who being past feeling have given themselves over unto lasciviousness to work how? _____

As people keep putting off the truth from God's Word, they themselves have opened their minds to Satan and whatever is out there that will control them; this is one reason we must hide the Word in our hearts and stand firm on what God's word says and not what man says.

But you have not so learned Christ: If so be that you have heard Him, and have been taught by Him, as the truth is in whom? _____

To help you understand this verse, you can read it like this: That was not what you learned about Christ! You certainly heard about Him, and as His followers, you were taught the truth that is in Jesus.

Today's Bible reading is Proverbs chapter 23.

If you are given to appetite what should you do? _____

Labour not to be what? _____

What do riches do? _____

What does a fool despise? _____

What should you not withhold from a child? _____

What does a drunkard come to? _____

Who hath woe? Who hath sorrow? Who hath contentions? Who hath babbling? Who hath wounds without cause? Who hath redness of eyes? _____

EPHESIANS 4:21-32
New Testament Study - Ephesians 1 - 5
Booklet #9

Lesson #20

*** *This lesson is taken from Ephesians 4:21-32* ***

This week's Bible verse to memorize: Romans 12:2

And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

In verse 22, what is God telling us to put off? _____

What does scripture mean by the "old man"? _____

What is the old man deceitful of? _____

In verse 23, how can we put off the old man? _____

After we put off the old man, then what should we do? _____

After we put on the new man, what then will God do for us? _____

NOTE: These verses tell us things we have to do. God will help us, but we must put off the old man ourselves. Then, we must bring our talk (conversation) under control. After this, we must do away with deceitful lusts. We do these things by renewing our mind and thoughts and thinking on good things.

From verse 25 to 32, name the things listed that the Bible tells us we must put off: _____

Verse 30 is one of the most important promises that God has given us. We are sealed (saved) for how long? _____

We are to be what to one another? _____

Why are we to be tenderhearted and forgiving to one another? _____

Today's Bible reading is Proverbs chapter 24.

Be not thou what against evil men? _____

Foolish thoughts are what? _____

If you faint (give up) in the day of adversity (troubles) your strength is what? _____

EPHESIANS CHAPTER 4 REVIEW
New Testament Study - Ephesians 1 - 5
Booklet #9

Lesson #21

This week's verses to memorize. I Peter 5:6-7

Humble yourself therefore under the mighty hand of God, that He may exalt you in due time. Casting all your care upon Him; for He careth for you.

This lesson is a review of Ephesians chapter 4.

Name one thing you have learned from chapter 4: _____

When you become saved, name three things you are to walk worthy of: _____

How many bodies of Christ are there? _____

How many baptisms are there? _____

How much grace is each Christian given? _____

He that ascended is the same person that descended. Who is this person? _____

God gave special gifts to some people; please name them: _____

As Christians, what are we to put off concerning the old person? _____

As born again Christians, what is it that we should renew? _____

What are you unto the day of redemption? _____

Today's Bible reading is Proverbs chapter 25.

EPHESIANS 5:1-6
New Testament Study - Ephesians 1 - 5
Booklet #9

Lesson #22

*** *This lesson is taken from Ephesians 1:5-6* ***

This week's verses to memorize: I Peter 5:6-7

Humble yourself therefore under the mighty hand of God, that He may exalt you in due time. Casting all your care upon Him; for He careth for you.

As children of God, what are we to do? (Read I Peter 1:14-16) _____

How is a Christian to walk and why? (Read Galatians 1:4) _____

Name the three things that a Christian should not be a part of (Read Colossians 3:5-10 and Luke 12:15).

Also, name three more things a Christian should not have, but should give thanks instead (Matthew 12:34-37).

How many times do we tell dirty jokes and participate in foolish talking? This should NOT be.

For this you know, what person hath no inheritance in the kingdom of Christ and of God? (Read I Corinthians 6: 9-11)

Let no man deceive you with what? _____

What is it that cometh upon the children of disobedience? _____

So many times, the Bible warns us about men preaching vanity, trying to make us feel good, and telling us things to do to be saved and get to heaven that just are not true. REMEMBER, it is not what man says that is truth. What does the Bible say and tell us to do?

Today's Bible reading is Proverbs chapter 26.

Answer not a fool according to what? _____

The great God that formed what? _____

As a dog returneth to his own vomit, so a fool does what? _____

As a door turneth upon his hinges, so doth what turneth? _____

EPHESIANS 5:6-10
New Testament Study - Ephesians 1 - 5
Booklet #9

Lesson #23

*** *This lesson is taken from Ephesians 5:6-10* ***

This week's verses to memorize: I Peter 5:6-7

Humble yourself therefore under the mighty hand of God, that He may exalt you in due time. Casting all your care upon Him; for He careth for you.

Be not ye therefore partakers with them. Who is this verse talking about, and what does it mean? _____

For you were sometimes (once) in darkness, but now you are light in the Lord. What does this verse mean? _____

Explain the meaning of the phrase, "walk as children of light": _____

For the fruit of the Spirit is what? (Read Galatians 5:22-24) _____

The verses above plainly point out to us that a born again Christian should have a changed life, and the fruit of the Spirit should be evident in his or her life. If it is, then he or she is a changed person.

How do we get the fruit of the Spirit? (The answer is in Romans 12:1-10) _____

Today's Bible reading is Proverbs chapter 27.

Why should you not boast yourself of tomorrow? _____

What should you let another do for you? _____

A prudent man foreseeth the evil, and hideth himself. What do the simple do? _____

Hell and destruction are never full; so the eyes of man are what? _____

Riches are for how long? _____

EPHESIANS 5:11-13
New Testament Study - Ephesians 1 - 5
Booklet #9

Lesson #24

*** *This lesson is taken from Ephesians 5:11-13* ***

This week's verses to memorize: I Peter 5:6-7

Humble yourself therefore under the mighty hand of God, that He may exalt you in due time. Casting all your care upon Him; for He careth for you.

And have no _____ (II Corinthians 6:14) with the unfruitful works of _____, but rather, reprove (expose) them.

If you are a Christian, you need to take a good look at these two verses: Ephesians 5:11 and II Corinthians 6:14. You cannot be close with a person who is not a Christian. You should not date a person who is not a Christian, and you should stay away from meetings and churches that do not preach or teach the whole Bible. Some churches add to the Bible, like praying to Mary, going through signs, keeping man-made rules above God's word, etc.—all things that aren't from God's word. Ask God to give you pure wisdom to know which preachers, churches, and friends that you need to stay away from. REMEMBER, it is not what I say or any man says, but what God's Word says? These verses are very clear.

For it is a shame (Romans 1:24-25) even to speak of those things which are done when? _____

Name some of the things that churches, preachers, and people today are doing in secret? _____

But ALL things that are reprov'd (exposed) are made manifest by what? (John 3:19-21) _____

It does not matter who it is or what was done. This verse tells us that Jesus knows about it, and sooner or later it will come out that all will know about it.

Today's Bible reading is Proverbs chapter 28.

A poor man that oppresseth the poor is like what? _____

They that forsake the law, praise the wicked: but such as keep the law, do what? _____

Whoso keepeth the law is a what? _____

He that turneth away his ear from hearing the law, even his prayer is what? _____

He that covereth his sins shall not do what? _____

Whoso confesseth and forsaketh his sins shall what? _____

Whoso walketh uprightly shall be what? _____

EPHESIANS 5:14-17
New Testament Study - Ephesians 1 - 5
Booklet #9

Lesson #25

*** *This lesson is taken from Ephesians 5:14-17* ***

This week's verses to memorize: I Peter 5:6-7

Humble yourself therefore under the mighty hand of God, that He may exalt you in due time. Casting all your care upon Him; for He careth for you.

“Wherefore He saith, awake thou that sleepest.” What does this mean, and about whom is it talking? _____

“Arise from the dead.” What does this mean, and about whom is it talking? _____

“Christ shall give thee light.” What is the light, and about whom is this talking? _____

See then that you walk circumspectly (carefully), not as fools, but how? _____

“Redeeming the time.” What does this mean? _____

“Because the days are evil.” Explain this: _____

Wherefore be you not unwise, but understanding what? _____

Name (3) three things that you know for sure are the will of the Lord:

1 _____ #2 _____ #3 _____

Today's Bible reading is Proverbs chapter 29.

When the righteous are in authority, the people do what? _____

Seest thou a man that is hasty in his words? There is what to him? _____

Many seek the ruler's favour: but every man's judgment cometh from whom? _____

EPHESIANS 5:18-21
New Testament Study - Ephesians 1 - 5
Booklet #9

Lesson #26

*** *This lesson is taken from Ephesians 5:18-21* ***

This week's verses to memorize: I Peter 5:6-7

Humble yourself therefore under the mighty hand of God, that He may exalt you in due time. Casting all your care upon Him; for He careth for you.

And be not drunk with wine (Proverbs 20:1 and 26:31), wherein is excess; but be filled with what? _____

Speaking to yourselves in psalms and hymns and spiritual songs (Acts 16:25), singing and making melody where? _____

Some day, try living by verse 19. You will find a day that goes faster, and a day of peace like you never knew before.

“Giving thanks always for all things unto the Lord.” Explain this verse: _____

How should we give thanks? _____

Can you give thanks **ALWAYS** for **ALL** things? For where you are? Away from your family? Can you truly give thanks for all things? Explain what your feelings are on this verse: _____

Submitting yourselves, one to another, in the fear of God (Read Philippians 2:3-5). Explain in your own words what verse 21 means. _____

Today's Bible reading is Proverbs chapter 30.

Every word of God is what? _____

Remove far from me what? _____

Name the four things that are never satisfied: _____

EPHESIANS 5:22-25
New Testament Study - Ephesians 1 - 5
Booklet #9

Lesson #27

**** This lesson is taken from Ephesians 5:22-25 ****

This week's verses to memorize: I Peter 5:6-7

Humble yourself therefore under the mighty hand of God, that He may exalt you in due time. Casting all your care upon Him; for He careth for you.

Wives, submit yourselves unto your own husbands (Colossians 3:18), as unto the Lord (God). In your own words, explain what you think this verse means: _____

For the husband is the head of whom? _____ Explain how you do this and what do you do: _____

Christ is the head of whom? _____ (Read Colossians 1:18) Explain how this works: _____

Christ is the saviour of what? _____

In verse 23, Christ is the saviour of the body. What is this body? _____

Therefore, as the church is subject unto whom? _____

Explain how the church is subject (responsible) to Christ (God)? _____

Also, let the wives be subject (responsible) to whom? _____

In how many things should the wife be subject to her husband? (Read Titus 2:4-5) _____

Today's Bible reading is Proverbs chapter 31.

WOMEN, please take time to read Proverbs 31:10-31. Will you set your heart to be a Proverbs 31 lady? What is your thinking on these verses? _____

New Life Christian Growth Series—New Testament Study—Ephesians 1—5

*******Booklet #9 Review (Pages 35-36)*******

Instructions: After you complete pages 7-34 of this Booklet, please answer the following questions to share what you have learned. When you are all done, please mail **pages 35-36 ONLY**, back to: Mountain State Ministries, P.O. Box 217, Springfield, WV 26763. When we receive it, we will review your answers and then return it with the next lesson.

Today's Date: ____/____/____

My Full Name: _____

My Address: _____

Read Ephesians 1: 13-14 and answer the next couple questions based upon these verses.

In whom do we trust for salvation? _____

After we have trusted in Jesus and believed the word of truth, who seals or confirms us as proof that God keeps His word and that we have indeed been saved? _____

Read Ephesians 1:15-19 and Ephesians 3:14-19. Even though these Ephesian Christians were known for their faith and love, Paul knew that there was and should be more for our Christian lives. For what did Paul pray for them? Is this true of you? _____

According to Ephesians 2:1-5, what is the spiritual condition of every single person before he or she has been changed by Jesus? _____

According to Ephesians 2:8-9, how are we saved? Do our works play any part in our salvation? _____

We are either in Christ or not. We are either saved or not. We are either strangers to Jesus or not. Which are you? Why do you say that? _____

According to Ephesians 4:17-32, how should Christians be different than those who do not know Jesus?

What are the specific sins listed in Ephesians 5:1-19 that Christians should avoid? _____

Read Ephesians 5:14-17. How important is it to turn from sin and begin to live fully for God right now? What will you do about it? _____

Explain the husband-wife-Christ relationship as it is explained in Ephesians 5:21-25. _____

Do you have any comments or questions about what you have studied in this lesson or anything else? Is there any way that we can pray for you or help you in your walk with Jesus? _____

If it is your desire to have these Bible lessons sent to a family member and/or friend, please fill out the following:

Name: _____ Age: _____

Address: _____ City: _____

State: _____ Zip Code: _____ Relation to you: _____